SHAC Meeting #1

October 10th, 2023
Agenda

- Welcoming & Opening Remarks
- Review of June Meeting Minutes
- Bylaws
- SHAC Sub-Committees Goals/Duties
- Senate Bill 9
- Closing
Remember Our Purpose:
The purpose of the SHAC is to:

Ensure that the school district’s school health programs reflect our local community values.
Group Commitments:

➔ Remain Solution Driven
➔ Take Care of Your Needs
➔ Listen to Others
June 15th, 2023 SHAC Meeting Minutes

June 15th, 2023 SHAC Meeting Minutes (Spanish)
School Health Advisory Council
A Guide for Texas School District

Guide for School District Personnel & Community Members
Bylaws

BISD SHAC Bylaws Template
BISD SHAC Bylaws Template (Spanish)
SHAC Sub-Committees

- The local school health advisory council's duties include recommending:

★ Parental Involvement
  - Strategies/ideas for gaining parental involvement and support for our students

★ Physical Education
  - The number of hours of instruction to be provided in K-8 health education
  - Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent physical health concerns, including obesity, cardiovascular disease, Type 2 diabetes

★ Adult Well-Being
  - Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to address school employee wellness

★ Substance & Alcohol Abuse
  - Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent physical health concerns regarding instruction on substance abuse prevention
Parental Involvement

• **Sub-Committee Members:**
  - Margarita Igoe
  - Miriam Salas Ruiz
  - Xiomara Gomez
  - Tanya Coleman

• **Goals:**
  - What is our desired outcome?
  - How will we get there?
  - Where do we want to start next year?
Parental Involvement

• **Brainstorming:**
  - Increased parental involvement, presence and support
  - Include Spanish speaking population in school activities

• **Duties to complete by next meeting:**
  - TBD by subcommittee
Physical Education

- Sub-Committee Members:
  - Rebecca Hamilton
  - Barton Ives
  - Lauri Anzaldua
  - Tanya Griesenbeck

- Goals:
  - What is our desired outcome?
  - How will we get there?
  - Where do we want to start?
Physical Education

- **Brainstorming:**
  - Provide more fun, enjoyable and engaging activities for students
  - May provide a variety of activities such as olympic games and/or open gym
- **Duties to complete by next meeting:**
  - TBD by subcommittee
Adult Well-Being

- **Sub-Committee Members:**
  - Dana Thornton
  - Celeste Riley
  - Sarah Davis
  - Melody Rainwater

- **Goals:**
  - What is our desired outcome?
  - How will we get there?
  - Where do we want to start?
Adult Well-Being

- **Brainstorming:**
  - Vaccination clinic for staff
  - Provide salad bar option for staff
  - Modify dress code for staff for comfort
- **Duties to complete by next meeting:**
  - TBD by subcommittee
Substance and Alcohol Abuse:

- Sub-Committee Members:
  - Billy Sherman
  - Leanne Baily
  - Garland Griedl

- Goals:
  - What is our desired outcome?
  - How will we get there?
  - Where do we want to start?
Substance and Alcohol Abuse:

- **Brainstorming:**
  - Bring substance awareness and prevention to campuses
  - Recommend a comprehensive health education curriculum that includes substance abuse prevention that’s accessible on campus
- **Duties to complete by next meeting:**
  - TBD by subcommittee
Breakout Sessions:
Senate Bill 9 & House Bill 1525

- Senate 9
- **TASB - SHAC & Sex. Ed.**
- House Bill 1525
- Second Step - Child Protection Unit
- PLAYGROUND trailer
- Nest Programming Video
- Living WELL Aware Adolescent Wellness Program
- Why schools are choosing Living WELL Aware
Thank You!

Thank you for joining us today and thank you for your time and dedication to BISD!
Mission (The what and the why)

The mission of the BISD SHAC is to enable students to learn in a healthy and safe educational environment that focuses on the whole child while fostering a growth mindset.

Vision (The dream)

1. To promote a healthy school community where students are safe and supportive.
2. Provide a safe and supportive space for academic and social emotional growth.
3. The BISD SHAC will help children and youth reach a healthy, safe and happy lifestyle by being student-centered and solution driven.
Senate Bill 9 requires students to be exposed to instruction pertaining to child abuse, family violence, dating violence, etc.

- Age-appropriate education
- Video format
- Multiple classes can be taught a day
- Research Based
- Includes Family Materials
- Already Have (PK-5th)
- Teaches Students To Recognize, Respond To, & Report Abuse
- Provides A Multi-Layered Approach
- Strengths-Based
- Youth-Centered
- Trauma-Informed
- Equips students with skills
- Provides holistic education
Age appropriate education
Video format
Multiple classes can be taught a day

- Trauma informed collaboration
- Mitigates negative effects of trauma on children/teens

- Lead
- Online Courses
- DARE
- What Else?

- Digital Citizenship Lessons
- Attorney General’s Office

Data Dig

Play it Safe!
Handle with Care
Drug Awareness & Prevention
Online Security

Promoting Mental Health in Young Children