

# SHAC Meeting #3

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May 18th, 2023

# Agenda

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- Welcoming & Opening Remarks
- Review of Minutes
- Officer Interest Survey Results (TBD)
- SHAC Sub-Committees Interest Surveys
- Closing



What is the craziest food  
you've ever eaten?

**How was it?**



# Group Commitments:

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- Remain Solution Driven
- Take Care of Your Needs
- Listen to Others



# **Review & Approve March Agenda & Meeting Minutes**

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**March 28th, 2023 Meeting Minutes**

# Remember Our Purpose:

The purpose of the SHAC is to:

Ensure that the school district's school health programs reflect our local community values.



# SHAC Sub-Committees

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## ★ Physical Education

- The local school health advisory council's duties include **recommending**:
  - The number of hours of instruction to be provided in K-8 health education
  - Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent physical health concerns, including obesity, cardiovascular disease, Type 2 diabetes

## ★ Adult Well-Being

- The local school health advisory council's duties include **recommending**:
  - Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to address school employee wellness

## ★ Substance & Alcohol Abuse

- The local school health advisory council's duties include **recommending**:
  - Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent physical health concerns regarding instruction on substance abuse prevention

# Physical Education

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- Sub-Committee Members:
  - TBD
- Goals:
  - What is our desired outcome?
- Brainstorming:
  - How can we get there?
- Duties to complete by next meeting:
  - Specific tasks to be completed
- Next meeting date:
  - Date: TBD





# Adult Well-Being

- Sub-Committee Members:
  - TBD
- Goals:
  - What is our desired outcome?
- Brainstorming:
  - How can we get there?
- Duties to complete by next meeting:
  - Specific tasks to be completed
- Next meeting date:
  - TBD



# Substance and Alcohol Abuse:

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- Sub-Committee Members:
  - TBD
- Goals:
  - What is our desired outcome?
- Brainstorming:
  - How can we get there?
- Duties to complete by next meeting:
  - Specific tasks to be completed
- Next meeting date:
  - TBD



# Breakout Sessions:



Thank You!

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Thank you for joining us today and  
thank you for your time and dedication  
to BISD!