SHAC Meeting #3

May 18th, 2023
Agenda

➔ Welcoming & Opening Remarks
➔ Review of Minutes
➔ Officer Interest Survey Results (TBD)
➔ SHAC Sub-Committees Interest Surveys
➔ Closing
What is the craziest food you’ve ever eaten?

How was it?
Group Commitments:

➔ Remain Solution Driven
➔ Take Care of Your Needs
➔ Listen to Others
March 28th, 2023 Meeting Minutes
Remember Our Purpose:

The purpose of the SHAC is to:

Ensure that the school district’s school health programs reflect our local community values.
SHAC Sub-Committees

★ Physical Education
  ○ The local school health advisory council's duties include recommending:
    ■ The number of hours of instruction to be provided in K-8 health education
    ■ Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent physical health concerns, including obesity, cardiovascular disease, Type 2 diabetes

★ Adult Well-Being
  ○ The local school health advisory council's duties include recommending:
    ■ Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to address school employee wellness

★ Substance & Alcohol Abuse
  ○ The local school health advisory council's duties include recommending:
    ■ Policies, procedures, strategies, and curriculum appropriate for specific grade levels designed to prevent physical health concerns regarding instruction on substance abuse prevention
Physical Education

- Sub-Committee Members:
  - TBD
- Goals:
  - What is our desired outcome?
- Brainstorming:
  - How can we get there?
- Duties to complete by next meeting:
  - Specific tasks to be completed
- Next meeting date:
  - Date: TBD
Adult Well-Being

- **Sub-Committee Members:**
  - TBD
- **Goals:**
  - What is our desired outcome?
- **Brainstorming:**
  - How can we get there?
- **Duties to complete by next meeting:**
  - Specific tasks to be completed
- **Next meeting date:**
  - TBD
Substance and Alcohol Abuse:

- Sub-Committee Members:
  - TBD
- Goals:
  - What is our desired outcome?
- Brainstorming:
  - How can we get there?
- Duties to complete by next meeting:
  - Specific tasks to be completed
- Next meeting date:
  - TBD
Breakout Sessions:
Thank You!

Thank you for joining us today and thank you for your time and dedication to BISD!